

SPINAL STABILIZATION FOR TUMOURS AFFECTING THE SPINAL COLUMN

This highly specialized area remains a particular interest for our doctors. With many patients living much longer and healthier lives after the diagnosis of a primary malignancy (breast, lung, bowel etc) there exists the chance that some tumours may spread to the bony spinal column. This can lead to pain and instability that requires stabilization of the spinal column, usually through a posterior only approach surgery with rod fixation.

Such treatment is individually tailored to each patient's needs and clinical presentation. Often, additional radiotherapy and/or chemotherapy are included after the surgery to shrink away any residual tumour cells in the spine column.

Recovery is usually rapid and patients are up and walking in a few days.

A spinal brace is not usually required afterwards.

